



Ice Skating Australia Limited

Affiliated to the International Skating Union

ISA Communication 165

Preliminary Singles Competition and Test Requirements

Pre Novice Pair Skating Competition Requirements

Date Approved: November 2024

Effective Start Date: 1 February 2025

1. Purpose of the Communication

Advice on change to remove the requirement for a Step Sequence and replace with a Choreographic Sequence for competition and test requirements for Preliminary Single Skating and competition requirement for Pre Novice Pair Skating.

2. Application of the Communication

For all ISA Member, interclub, club competitions and test sessions from **1 February 2025**.

3. Communication Details

ISA Board have approved the following changes (underlined below) for Preliminary Singles Competition and Test requirements effective 1 February 2025.

Reason for change:

- It is unreasonable to expect skaters at ISA entry level of competition to be able to execute correctly the difficult turns/steps needed to gain a level above basic.
- Most skaters progressing through Aussie Skate™ classes and/or private coaching have learned skating moves like spirals, spread eagles, pivots, arabesques, ballet jumps, mazurkas etc.
- Choreographic Sequence will improve these skating moves with connecting steps and begin their journey learning about artistry, body movement, and musicality while also learning about skating choreography.
- Better development pathway from Aussie Skate™ through to Elementary, teaching importance of skating quality and encouraging better basic skating skills.
- Opportunity for Pre Novice Pairs to gain unison and control together with flow and ice coverage whilst using skating movements such as spirals, spread eagles, etc to encourage better skating skills and performance.

4. Preliminary Singles Free Skate Program (competition)

Duration of Free Skate: 1:30 mins +/- 10 secs

A well balanced Free Skate program must contain:

- a) Maximum of four (4) jump elements
Any jump can be repeated only once and this repetition must be done either in a jump combination or jump sequence.
There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.
Jump combinations can contain only two (2) jumps.
A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
- b) Maximum of two (2) spins of a different nature (abbreviation)
One must be a spin combination with or without change of foot (minimum 4 revolutions in total), NO Flying entry.
One must be a spin with no change of position and with or without change of foot (minimum 4 revolutions in total); may commence with a Fly.
- c) Choreographic Sequence
There must be one (1) Choreographic Sequence consisting of at least two different skating movements. The sequence will have a fixed Base value and evaluated in GOE only.

Preliminary Singles Technical Test Program

Duration of Free Skate: 1:30 mins +/- 10 secs

A well balanced Free Skate program must contain:

- a) Single Flip Jump
- b) Single Lutz Jump
- c) Three Jump + Single Loop Jump Combination
- d) One additional jump, Solo or Combination
- e) Upright Spin with one change of foot (min 3 revs on each foot)
- f) Sit Spin or Camel Spin (min 4 revs)
- g) One (1) Choreographic Sequence consisting of at least two different skating movements.

Pre Novice Pair Skating Free Skate Program

Duration of Free Skate: 2:00 mins +/- 10 secs

A well balanced Free Skate program must contain:

- a) One (1) Lift selected from Group 1 or Group 2
- b) One (1) Throw Jump (Single)
- c) One (1) Solo Jump (Single)
- d) One (1) Solo Spin OR One (1) Pair Spin
- e) One (1) Pivot Figure
- f) One (1) Choreographic Sequence
The Choreographic Sequence will have a fixed Base value and evaluated in GOE only.

ISU Choreographic Sequence Definition

A Choreographic Sequence consists of at least 2 different skating movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, any jumps with maximum of 2 revolutions, spins, etc. Steps and turns may be used to link the 2 or more different movements together. Listed elements included in the Choreographic Sequence will not be called and will not occupy a box. The pattern is not restricted, but the sequence must be clearly visible.