

ICE SKATING AUSTRALIA Preliminary to Senior Ice Dance 2024 / 2025 (July 2024)

	Pattern Dance (PD) (in skating order)	Number of Sequences to skate	Number of Sections per Sequence	Section Steps and Factors
PRELIMINARY PATTERN DANCE Without Key Points, Factor 1.0	(29) Tango Canasta	3	1	1 to 14
ELEMENTARY PATTERN DANCE Without Key Points Factor 0.5 per dance	(6) Swing Dance	2	1	1 to 15
	(33) Rhythm Blues	3	1	1 to 16

Refer to ISU Communication 2625 for Novice Pattern Dance information

BASIC NOVICE PATTERN DANCE	Without Key Points, up to Level 1			Factor 0.5 per dance
All except ISA Member Championships	(6) Swing Dance	2	1	1 to 15
	(28) Tango Fiesta	2	1	1 to 16
ISA Member Championships	(6) Swing Dance	2	1	1 to 15
	(33) Rhythm Blues	2	1	1 to 16
AFSC and International Competitions	Two Dances chosen from (6) Swing Dance, (28) Tango Fiesta and (33) Rhythm Blues, drawn before first practice on site.			
INTERMEDIATE NOVICE PATTERN DANCE	One Key Point, up to Level 2			Factor 0.75 per dance
All except ISA Member Championships	(2) Foxtrot	4	1	1 to 14
	(10) American Waltz	2	1	1 to 16
ISA Member Championships	(2) Foxtrot	4	1	1 to 14
	(18) Kilian	4	1	1 to 14
AFSC and International Competitions	Two dances chosen from (2) Foxtrot, (10) American Waltz, and (18) Kilian drawn before first practice on site.			
ADVANCED NOVICE PATTERN DANCE	Two Key Points, up to Level 3			Factor 1.0 per dance
All competitions	(11) Westminster Waltz	2	2	1 to 10; 11 to 22
	(30) Tango	2	1	1 to 22

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RHYTHM DANCE	JUNIOR 2 minutes and 50 seconds (+/-) 10 seconds	SENIOR 2 minutes and 50 seconds (+/-) 10 seconds
Refer to ISU Communication 2630 for Rhythm Dance information including further requirements on all elements		
PATTERN DANCE	<p>Two (2) Sequences of the Paso Doble: skated to any dance style with the range of tempo: 56 measures of 2 beats per minute (112 beats per minute plus or minus 2 beats per minute.)</p> <ul style="list-style-type: none"> • Steps 1 to 28 • Step 1 must be at the judges left side • 1PD and 2PD may be skated in any order, one after the other or separately. • Variation of holds throughout (except Hand in Hand) is permitted. <p>1PD – Woman skates Woman’s steps; Man skates Man’s steps</p> <p>2PD – Woman skates Man’s steps, Man skates Woman’s steps</p>	<p>One (1) Pattern Dance Type Step Sequence (PSt), (Style D): Rhythm: skated to any dance style – min 110 beats per min, in 2/2, 2/4 or 4/4 time Duration: any exact number of musical phrases Pattern: Circular shape</p> <ol style="list-style-type: none"> 1. starting in front of the Referee around the short axis with Paso Doble steps #8 to #16 on correct edges 2. Steps #15-16, OpMo, is considered as the first different difficult turn 3. Continuing the PSt including the three additional different difficult turns 4. Concluding with Paso Doble steps #26 to #28 on correct edges (step #28 cross roll swing only) in front of the Referee around the short axis and completing the circle shape. 5. Paso Doble steps mentioned above are performed by both partners (Woman performing Woman’s steps & Man performing Man’s steps OR Man performing Woman’s steps & Woman performing Man’s steps) <p>One (1) Choreographic Rhythm Sequence skated to any dance style</p>
	DANCE LIFT	Maximum one (1) Short Lift (up to 8 seconds)
STEP SEQUENCE	<p>One (1) Step Sequence Not Touching (Style B) Specifications to Style B, Rhythm Dance: Skated to any dance style of the prescribed decades</p> <ul style="list-style-type: none"> • Chosen pattern may ONLY be Midline or Diagonal • Skated no more than 2 arm lengths apart • Touching the ice with any part of the body is allowed for no more than 5 secs • Stops – up to one (1) permitted for no more than 5 seconds (this will count as one of the permitted stops, must be performed Not Touching). <p>Not permitted: - Loop(s), Retrogression(s)</p>	
SEQUENTIAL TWIZZLES	<p>One (1) Set of Sequential Twizzles At least two twizzles for each partner and must not be in contact between Twizzles Up to 1 step between Twizzles. (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step)</p> <p>The “C” feature(s) attempted in the RD cannot be repeated in the FD for Level and will be ignored by the Technical Panel. This applies even if the features were not given credit for Level in the RD.</p>	

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PRELIMINARY FREE DANCE	DANCE SPINS	TWIZZLES	CHOREOGRAPHIC ELEMENT
	One (1)	One (1)	One (1) chosen from:
1:30 +/- 10 secs NO vocal music IJS Level – Elementary Max Level 1 to be called for features Fall deduction 0.5 per fall per skater Refer to ISA By-Law 410	A spin performed by the Couple together in any hold. To be performed on the spot around a common axis on one foot or with change(s) of foot by one or both partners.	One (1) set of Synchronized Twizzles At least two Twizzles for each partner, with a minimum 2 steps and up to 4 steps between 1st and 2nd Twizzles. (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step) - Partners may be in contact at some point between the 1st and 2nd Twizzles.	<ul style="list-style-type: none"> • Choreographic Character Step Sequence • Choreographic Lift • Choreographic Sliding Movement • Choreographic Spinning Movement • Choreographic Twizzling Movement

ELEMENTARY FREE DANCE	DANCE SPINS	TWIZZLES	CHOREOGRAPHIC ELEMENT
	One (1)	One (1)	Two (2)
2:00 +/- 10 secs NO vocal music IJS Level – Elementary Max Level 1 to be called for features Fall deduction 0.5 per fall per skater Refer to ISA By-Law 411	A spin performed by the Couple together in any hold. To be performed on the spot around a common axis on one foot or with change(s) of foot by one or both partners.	One (1) set of Synchronized Twizzles At least two Twizzles for each partner, with a minimum 2 steps and up to 4 steps between 1st and 2nd Twizzles. (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step) - Partners may be in contact at some point between the 1st and 2nd Twizzles.	One (1) of which must be a Choreographic Lift plus one (1) additional chosen from: <ul style="list-style-type: none"> • Choreographic Character Step Sequence • Choreographic Sliding Movement • Choreographic Spinning Movement • Choreographic Twizzling Movement

BASIC NOVICE FREE DANCE	DANCE SPINS	TWIZZLES	CHOREOGRAPHIC ELEMENT
	One (1)	One (1)	Two (2)
2:00 +/- 10 secs Vocal music permitted IJS Level – Basic Novice Max Level 1 to be called for features Fall deduction 0.5 per fall per skater Refer to ISU Communication 2625	A spin performed by the Couple together in any hold. To be performed on the spot around a common axis on one foot or with change(s) of foot by one or both partners.	One (1) set of Sequential Twizzles At least two Twizzles for each partner and must not be in contact between Twizzles. Up to 1 step between Twizzles (each push and/or transfer of weight while on two feet between Twizzles is considered as a step.)	One (1) of which must be a Choreographic Character Step Sequence plus one (1) additional chosen from: <ul style="list-style-type: none"> • Choreographic Lift • Choreographic Sliding Movement • Choreographic Spinning Movement • Choreographic Twizzling Movement

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INTERMEDIATE NOVICE FREE DANCE	LIFTS	DANCE SPINS	TWIZZLES	CHOREOGRAPHIC ELEMENT
	One (1)	One (1)	One (1)	Two (2) different
2:30 +/- 10 secs Vocal music permitted IJS Level – Basic Novice Max Level 2 to be called for features Fall deduction 0.5 per fall per skater Refer to ISU Communication 2625	No more than one (1) Short Lift	A spin performed by the Couple together in any hold. To be performed on the spot around a common axis on one foot or with change(s) of foot by one or both partners.	One (1) set of Sequential Twizzles At least two Twizzles for each partner and must not be in contact between Twizzles. Up to 1 step between Twizzles (each push and/or transfer of weight while on two feet between Twizzles is considered as a step.)	One (1) of which must be a Choreographic Character Step Sequence plus one (1) additional chosen from: <ul style="list-style-type: none"> • Choreographic Lift • Choreographic Sliding Movement • Choreographic Spinning Movement • Choreographic Twizzling Movement

ADVANCED NOVICE FREE DANCE	LIFTS	DANCE SPINS	STEP SEQUENCES	TWIZZLES	CHOREOGRAPHIC ELEMENT
	One (1)	One (1)	One (1)	One (1)	Two (2) different
3:00 +/- 10 secs Vocal music permitted IJS Level – Advanced Novice Max Level 3 to be called for features Fall deduction 0.5 per fall per skater Refer to ISU Communication 2625	No more than one (1) Short Lift	A spin performed by the Couple together in any hold. To be performed on the spot around a common axis on one foot or with change(s) of foot by one or both partners.	Style B Straight Line (midline or diagonal) in hold OR Curved (circular or serpentine) in hold	One (1) set of Sequential Twizzles At least two Twizzles for each partner and must not be in contact between Twizzles. Up to 1 step between Twizzles (each push and/or transfer of weight while on two feet between Twizzles is considered as a step.)	Chosen from: <ul style="list-style-type: none"> • Choreographic Character Step Sequence • Choreographic Lift • Choreographic Sliding Movement • Choreographic Spinning Movement • Choreographic Twizzling Movement

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	JUNIOR FREE DANCE 3 minutes and 30 seconds (+/-) 10 seconds	SENIOR FREE DANCE 4 minutes (+/-) 10 seconds
Refer to ISU Communication 2630 for Free Dance information including further requirements on all elements		
DANCE LIFT	Two (2) Different Types of Short Lift up to 8 seconds OR One (1) Combination Lift	Three (3) Different Type Short Lift up to 8 seconds OR One (1) Short Lift and One (1) Combination Lift up to 13 seconds (Short Lift must be a different type than in the Combination Lift)
DANCE SPIN	<ul style="list-style-type: none"> • One (1) Dance Spin A spin skated by the Couple together in any hold. To be performed on the spot around a common axis on one foot or with change(s) of foot by one or both partners	
STEP SEQUENCE – Types: Straight Line or Curve	<ul style="list-style-type: none"> • One (1) Step Sequence in Hold (Style B) Specifications for Style B, Free Dance 2024-2025: Not Permitted –Stops, Loops, Retrogression, Hand in hand hold with fully extended arms cannot be established, separations of more than 2 arm lengths and/or exceeding 5 seconds The pattern of the Step Sequence (Style B) must maintain the integrity or basic shape of the chosen pattern. <i>Must be a different shape to the ChSt if that is chosen as one of the Choreographic elements</i> 	
One (1) ONE FOOT TURNS SEQUENCE	<ul style="list-style-type: none"> • One (1) One Foot Turns Sequence FD Option - Not touching Difficult Turns performed on one foot by each partner and must be started with the first Difficult Turn at the same time. The additional Difficult Turns do not have to be performed at the same time.	
SYNCHRONIZED TWIZZLES	<p style="text-align: center;">One (1) Set of Synchronized Twizzles</p> At least two Twizzles for each partner, with a minimum 2 steps and up to 4 steps between 1st and 2nd Twizzles. (Each push and/or transfer of weight while on two feet between Twizzles is considered as a step) - Partners may be in contact at some point between the 1st and 2nd Twizzles. The “C” feature(s) attempted in the RD cannot be repeated in the FD for Level and will be ignored by the Technical Panel. This applies even if the features were not given credit for Level in the RD.	
CHOREOGRAPHIC ELEMENT	Two (2) Different Choreographic Elements	Three (3) Different Choreographic Elements
	Chosen from: Choreographic Assisted Jump Movement Choreographic Character Step Sequence Choreographic Hydroblading Movement	Choreographic Lift Choreographic Sliding Movement Choreographic Spinning Movement Choreographic Twizzling Movement