

## ISA Pattern Dance and Pattern Dance Element Timing, Steps and Percentages 2024-2025 (July 2024)

CATEGORY (Partnered)	PATTERN DANCE		DURATION per SEQUENCE	REQUIRED number of SEQUENCES	Number of STEPS per SEQUENCE	NUMBER of STEPS				
						10%	25%	50%	75%	90%
Preliminary	Tango Canasta	102-106 bpm	15.8 – 16.5 secs	3 sequences	14	1	4	7	11	13
Elementary	Rhythm Blues	86-90 bpm	21.3 – 22.3 secs	2 sequences	16	2	4	8	12	14
Elementary Adult Bronze	Swing Dance	98-102 bpm	18.8 – 19.6 secs	2 sequences	15	2	4	8	12	14
Adult Bronze	Fourteenstep	110-114 bpm	10.5 – 10.9 secs	4 sequences	14	1	4	7	11	13
Adult Silver	Rocker Foxtrot	102-106 bpm	15.8 – 16.5 secs	4 sequences	14	1	4	7	11	13
Adult Silver	Blues	86- 90 bpm	24.0 – 25.2 bpm	3 sequences	17	2	4	8	13	15
Adult Gold	Kilian	114-118 bpm	8.1 - 8.5 secs	4 sequences	14	1	4	7	11	13
Adult Gold Adult Masters Adult Masters Elite	Starlight Waltz	171-177 bpm	34.8 – 35.6 secs	2 sequences	32	3	8	16	24	29
Adult Masters Adult Masters Elite	Quickstep	110-114 bpm	14.7 – 15.3 secs	4 sequences	18	2	5	9	14	16

Information for Novice Pattern Dances for all categories for the 2024-2025 Season can be found in *ISU Communication 2625* page 5.

Information for Junior Pattern Dance Element and Senior Pattern Dance Type Step Sequence for the 2024-2025 Season can be found in *ISU Communication 2630* page 3.

## ISA Pattern Dance and Pattern Dance Element Timing, Steps and Percentages 2024-2025 (July 2024)

CATEGORY (Solo)	PATTERN DANCE		DURATION per SEQUENCE	REQUIRED number of SEQUENCES	Number of STEPS per SEQUENCE	NUMBER of STEPS				
						10%	25%	50%	75%	90%
Preliminary Adult Bronze Adult Silver	Tango Canasta	102-106 bpm	15.8 – 16.5 secs	3 sequences	14	1	4	7	11	13
Elementary	Swing Dance	98-102 bpm	18.8 – 19.6 secs	2 sequences	15	2	4	8	12	14
Adult Silver	Fourteenstep	110-114 bpm	10.5 – 10.9 secs	4 sequences	14	1	4	7	11	13
Adult Gold	Foxtrot	98-102 bpm	16.5 – 17.1 secs	4 sequences	14	1	4	7	11	13
Adult Gold	European Waltz	132-138 bpm	23.6 - 24.4 secs	2 sequences	18	2	5	9	14	16
Adult Masters Adult Masters Elite	Starlight Waltz	171-177 bpm	34.8 – 35.6 secs	2 sequences	32	3	8	16	24	29
Adult Masters Adult Masters Elite	Rocker Foxtrot	102-106 bpm	15.8 – 16.5 secs	4 sequences	14	1	4	7	11	13

Information for Novice Solo Pattern Dances for all categories and Junior/Senior Pattern Dance Elements can be found in *ISU Solo Ice Dance Competition Guidelines 2024-2025*.