

**SENIOR SINGLES TECHNICAL TEST****Candidate:****Venue:****Date:****Number of Judges Required:** Two (2) Single/Pair Judges (ISA By-Law 208.2)

Requirements: A program consisting of 7 (seven) required elements. The sequence of the elements is optional. The skater is to perform the following elements. The duration of the program is as defined in Rule 502 of the ISU regulations.

Element	GOE	Repeats	Comments
Axel Jump , Women: Double or Triple, Men: Double or Triple			
Solo Jump , Women: Double or Triple, Men: Triple or Quad			
Jump Combination Women: Double-Double, Double-Triple or Two Triples Men: Double-Triple, Two Triples, Quad-Double/Triple			
Flying Spin , landing position different than in the Spin in one position, (no change foot, no change position, min 8 revs)			
Spin in One Position Women: Layback or Sideways Leaning Spin or Sit Spin or Camel Spin (no flying entry, no change of foot, min 8 revs). Men: Sit or Camel Spin with only one (1) change of foot (no flying entry, min 6 revs on each foot)			
Spin combination With a minimum of two (2) different basic positions and only one (1) change of foot (no flying entry, min 6 revs on each foot)			
Step sequence fully utilizing the ice surface			
Program Components Comments			

The jump combination may consist of the same or another double or triple jump. However, the jumps included must be different from the solo jump.

Women - One of the three jump elements must be a **triple** jump.

Repeats: A maximum of two (2) repeats are permitted at the judges' discretion without music. The element(s) to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the grade of execution of the elements and the program components in determining a Pass or Fail. Tests will be assessed in accordance with the latest ISU Communication Guidelines for marking Grade of Execution.

A Pass cannot be awarded if more than one (1) element has a GOE of -5 or more than two (2) elements have a GOE of -3 or less.

Test Result Pass Fail

Judge Name: (please print)

State:

Judge Signature

Probationary Judge Assessment:
(Please tick appropriate box)

Poor

Fair

Good

Very Good

Excellent

Test Referee Signature: