



### PRELIMINARY PATTERN SKILLS TEST

**Candidate:**

**Venue:**

**Date:**

**Number of Judges Required:** Two (2), or One (1) National Senior Test or Championship Single/Pair or Dance Judge (By-Law 208.2(b))

The following criteria should be skated at a minimum base (0) level:

Requirements	Pattern	GOE	Comments/Repeats
<b>Pattern #1</b> Alternating Forward & Backward inside & outside edges <ul style="list-style-type: none"> <li>Ability to maintain correct edges</li> <li>Ability to maintain control of body</li> <li>Even lobes</li> <li>1 Foot skating throughout</li> <li>Skate a common, continuous axis</li> </ul>			
<b>Pattern #2</b> Stroking – Forward Power Circle (CW & CCW) <ul style="list-style-type: none"> <li>Increased acceleration</li> <li>Circle size increases with acceleration</li> <li>Minimal toe pushing</li> <li>No more than 18 crossovers</li> </ul>			
<b>Pattern #3</b> Stroking – Backward Power Circle (CW & CCW) <ul style="list-style-type: none"> <li>Increased acceleration</li> <li>Circle size increases with acceleration</li> <li>No toe pushing</li> <li>No more than 18 crossovers</li> </ul>			

**Repeats:** In the case of a fall in any one of the patterns, the entire pattern or half of the pattern where the fall occurred may be repeated at the Judges’ discretion. A maximum of one entire pattern or two half patterns (from any of the patterns skated) may be repeated once at the judges’ discretion in order for the skater to obtain the minimum overall GOE of Base Value (0) for the respective individual pattern.

**Pass Mark:** Each Pattern is evaluated individually. All patterns must receive a minimum overall GOE of Base Value (0) for the overall test to Pass. Patterns can contain -GOE sections and +GOE sections as long as the final GOE is at least Base Value (0).

**Test Result**

Pass  Fail

Judge Name: (please print)

State:

Judge Signature

Probationary Judge Assessment:  
(Please tick appropriate box)

Poor

Fair

Good

Very Good

Excellent

Test Referee Signature:



**PRELIMINARY PATTERN SKILLS TEST**  
**GENERAL TEST STANDARD and COMMON ERRORS**

**General Elementary Test Standard:** Demonstration of basic understanding of axis and the ability to execute prescribed bilateral movements with balanced proficiency.

**Posture/Carriage Expectations:** Skater should demonstrate bilateral ability to control upper body while creating power and executing turns and rotational movements.

Common Errors	Turn Diagram	Turn Diagrams/Definitions	Notes
<p><u>Pattern #1</u>            Alternating Forward &amp; Backward inside &amp; outside edges</p> <ul style="list-style-type: none"> <li>⊗ <i>Excessive wobbling off of edges</i></li> <li>⊗ <i>Toe pushing</i></li> <li>⊗ <i>Uneven lobes</i></li> <li>⊗ <i>Difficulty maintaining flow</i></li> <li>⊗ <i>2-footed skating</i></li> </ul>			
<p><u>Pattern #2</u>            Stroking – Forward Power Circle (CW &amp; CCW)</p> <ul style="list-style-type: none"> <li>⊗ <i>Inability to increase acceleration</i></li> <li>⊗ <i>Clockwise direction weaker</i></li> <li>⊗ <i>Improper use of edges to stroke</i></li> <li>⊗ <i>Poor control of upper body posture</i></li> </ul>			
<p><u>Pattern #3</u>            Stroking – Backward Power Circle (CW &amp; CCW)</p> <ul style="list-style-type: none"> <li>⊗ <i>Inability to increase acceleration</i></li> <li>⊗ <i>Unequal power from both edges</i></li> <li>⊗ <i>Posture/Upper body control weak</i></li> </ul>			