



## JUNIOR PATTERN SKILLS TEST

**Candidate:**

**Venue:**

**Date:**

**Number of Judges Required:**

Two (2) Single/Pair or Dance Judges (By-Law 208.2)

The following considerations in evaluating the patterns should be used:

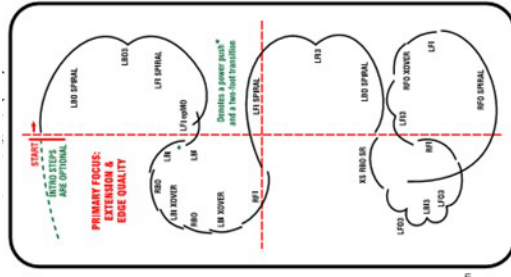
Requirements	Pattern	GOE	Comments/Repeats
<p><b>Pattern #1</b></p> <p>Forward &amp; Backward Outside Rockers</p> <ul style="list-style-type: none"> <li>Controlled, clean Rockers - true edges</li> <li>Turns pointed down ice – on axis</li> <li>Excellent knee rhythm, good posture</li> <li>Refined performance &amp; strong body positions</li> <li>Lobes throughout skated on deep edges on tight lobes</li> <li>Full ice coverage</li> <li>Effortless execution and presentation</li> </ul>			
<p><b>Pattern #2</b></p> <p>Forward &amp; Backward Inside Rockers</p> <ul style="list-style-type: none"> <li>Controlled, clean Rockers – true edges</li> <li>Turns pointed down ice – on axis</li> <li>Excellent knee rhythm, good posture</li> <li>Forward inside rolls are open strokes</li> <li>Clean execution of all turns</li> <li>Refined performance &amp; strong body position</li> <li>Lobes throughout skated on deep edges on tight lobes</li> <li>Full ice coverage</li> <li>Effortless execution and presentation</li> </ul>			
<p><b>Pattern #3</b></p> <p>Bracket/Back Loop Pattern</p> <ul style="list-style-type: none"> <li>Controlled, clean, correct Brackets</li> <li>Controlled, correctly shaped Loops</li> <li>Majority of Loops at top of lobe</li> <li>Demonstrate bi-lateral symmetry</li> <li>Maintain continuous axis</li> <li>All lobes of similar size</li> <li>Refined performance &amp; strong body positions</li> <li>Full ice coverage</li> <li>Effortless execution &amp; presentation</li> </ul>			
<p><b>Pattern #4</b></p> <p>Backward Twizzles</p> <ul style="list-style-type: none"> <li>Effortless execution of twizzles</li> <li>Controlled, balanced transitions</li> <li>Controlled extension on exit of twizzles</li> <li>Maintain axis and lobe size</li> <li>Refined performance &amp; strong body positions</li> <li>Effortless execution &amp; presentation</li> </ul>			
<p><b>Pattern #5</b></p> <p>Spiral Sequence – Right</p> <ul style="list-style-type: none"> <li>Maintain edge control</li> <li>Sustained free leg above hip level</li> <li>Refined presentation</li> <li>Effortless execution &amp; presentation</li> </ul>			



**Pattern #5**

Spiral Sequence – Left

- Maintain edge control
- Sustained free leg above hip level
- Refined presentation
- Effortless execution & presentation



**Repeats:**

In the case of a fall in any one of the patterns, the entire pattern or half of the pattern where the fall occurred may be repeated at the Judges' discretion.

A maximum of one entire pattern or two half patterns (from any of the patterns skated) may be repeated once at the judges' discretion in order for the skater to obtain the minimum overall GOE of Base Value (0) for the respective individual pattern.

**Pass Mark:**

Each Pattern is evaluated individually.

All patterns must receive a minimum overall GOE of Base Value (0) for the overall test to Pass. Patterns can contain –GOE sections and + GOE sections as long as the final GOE is at least Base Value (0).

**Test Result**

**Pass**

**Fail**

**Judge's Name:** (please print) \_\_\_\_\_ **State:** \_\_\_\_\_

**Judge's Signature:** \_\_\_\_\_

**Probationary Judge Assessment:** (Please tick appropriate box)

Poor <input type="checkbox"/>	Fair <input type="checkbox"/>	Good <input type="checkbox"/>	Very Good <input type="checkbox"/>	Excellent <input type="checkbox"/>
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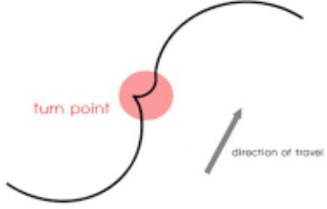
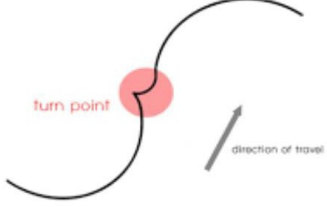
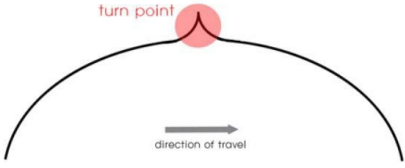
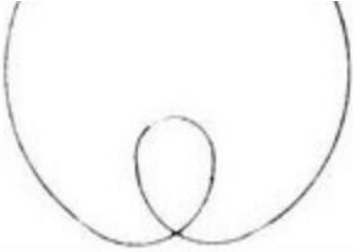
**Test Referee's Signature:** \_\_\_\_\_



## JUNIOR PATTERN SKILLS TEST GENERAL TEST STANDARD and COMMON ERRORS

**General Junior Test Standard:** Demonstration of an accomplished performance, with sureness of presentation, a mature and consistent maintenance of speed through rhythmic movement, a clarity of body movement and strong flow with the use of the knee and ankle.

**Posture/Carriage Expectations:** Skater should demonstrate an accomplished and undisturbed upper body control regardless of rhythm or movement of the lower body; total integration of skating carriage.

Common Errors	Turn Diagram	Turn Diagrams/Definitions	Notes
<p><b>Pattern #1</b> Forward &amp; Backward Outside Rockers</p> <ul style="list-style-type: none"> <li>⊗ Skated too slowly</li> <li>⊗ Lack of control after Rocker</li> <li>⊗ Lack of edge quality on connecting steps</li> <li>⊗ Obvious change of edge before or after turn (thus doing 3 turn)</li> <li>⊗ Weak cross strokes or connecting steps</li> <li>⊗ Problems executing back turns</li> <li>⊗ Edge after turn not back to axis</li> <li>⊗ Inability to maintain flow and edge quality throughout</li> <li>⊗ Inability to skate both directions of equal quality</li> </ul>	<p style="text-align: center;">ROCKER</p>  <p style="text-align: right; font-size: small;">FIGURE SKATING GALLERY</p>		
<p><b>Pattern #2</b> Forward &amp; Backward Inside Rockers</p> <ul style="list-style-type: none"> <li>⊗ Skated too slowly</li> <li>⊗ Lack of control after Rocker</li> <li>⊗ Lack of edge quality for connecting steps</li> <li>⊗ Obvious change of edge before or after turn (thus doing 3 turn)</li> <li>⊗ Weak cross strokes or connecting steps</li> <li>⊗ Problems executing back turns</li> <li>⊗ Edge after turn not back to axis</li> <li>⊗ Inability to maintain flow and edge quality throughout</li> <li>⊗ Inability to skate both directions of equal quality</li> </ul>	<p style="text-align: center;">ROCKER</p>  <p style="text-align: right; font-size: small;">FIGURE SKATING GALLERY</p>		
<p><b>Pattern #3</b> Bracket/Back Loop Pattern</p> <ul style="list-style-type: none"> <li>⊗ Skated move with too much speed</li> <li>⊗ Lack of control</li> <li>⊗ Misshapen Loops</li> <li>⊗ Change of edge not on continuous axis</li> <li>⊗ Inability to maintain flow and edge quality throughout</li> <li>⊗ Inability to skate both directions of equal quality</li> </ul>	<p style="text-align: center;">BRACKET</p>  <p style="text-align: center; font-size: small;">direction of travel</p>		
<p><b>Pattern #4</b> Backward Twizzles</p> <ul style="list-style-type: none"> <li>⊗ Double three turn action</li> <li>⊗ BO Twizzles not initiated on BO edge</li> <li>⊗ Shallow lobes</li> <li>⊗ Incomplete ice coverage</li> <li>⊗ Inability to maintain flow and edge quality throughout</li> </ul>			
<p><b>Pattern #5</b> Spiral Sequence – Right/Left</p> <ul style="list-style-type: none"> <li>⊗ Inability to maintain</li> <li>⊗ Incorrect pattern</li> <li>⊗ Inability to skate both directions of equal quality</li> <li>⊗ Flats or forced edges</li> </ul>			