

BASIC NOVICE PATTERN SKILLS TEST

Candidate:

Venue:

Date:

Number of Judges Required: Two (2), or One (1) National Senior Test or Championship Single/Pair or Dance Judge (By-Law 208.2(b))

The following considerations in evaluating the patterns should be used:

Requirements	Pattern	GOE	Comments/Repeats
<p>Pattern #1</p> <p>Forward Double Three Turns (outside & Inside)</p> <ul style="list-style-type: none"> Control of the arc between turns Minimal wobbles after the turns Turns placed at approximately 1/3 and 2/3 of the lobe Body control, including skating and free leg Correct edges 			
<p>Pattern #2</p> <p>Backward Double Three Turns (Outside & Inside)</p> <ul style="list-style-type: none"> Control throughout/Correct edges Back 3-turn at top of lobe Forward 3-turn at 2/3 mark Controlled gliding edge between turns with nicely extended free leg Smooth 3 turns Body control and carriage 			
<p>Pattern #3</p> <p>Rotational Choctaw Drill</p> <ul style="list-style-type: none"> Common axis used for pattern Approximately even lobes Controlled flowing edges Body control/carriage 			
<p>Pattern #4</p> <p>Forward Outside Loop Pattern with Inside Twizzle</p> <ul style="list-style-type: none"> Controlled demonstration of Loop Demonstration of correct Twizzle Controlled, balanced transitions Maintain upper body control Demonstrate controlled extension on exit of twizzle Maintain flow into and out of Loops Demonstration of controlled knee action 			



Repeats: In the case of a fall in any one of the patterns, the entire pattern or half of the pattern where the fall occurred may be repeated at the Judges' discretion.

A maximum of one entire pattern or two half patterns (from any of the patterns skated) may be repeated once at the judges' discretion in order for the skater to obtain the minimum overall GOE of Base Value (0) for the respective individual pattern.

Pass Mark: Each Pattern is evaluated individually.

All patterns must receive a minimum overall GOE of Base Value (0) for the overall test to Pass. Patterns can contain -GOE sections and +GOE sections as long as the final GOE is at least Base Value (0).

Test Result Pass Fail

Judge Name: (please print) _____ State: _____

Judge Signature _____

Probationary Judge Assessment: Poor Fair Good Very Good Excellent
(Please tick appropriate box)

Test Referee Signature: _____

BASIC NOVICE PATTERN SKILLS TEST

GENERAL TEST STANDARD and COMMON ERRORS

General Basic Novice Test Standard: Demonstration of an acquired understanding of accuracy in pattern, a good sense of body rhythm, and an accomplished stroke execution and controlled lobes.

Posture/Carriage Expectations: Skater must be able to maintain erect posture while executing various free leg extensions and transitions, regardless of speed.

Common Errors	Turn Diagram	Turn Diagrams/Definitions	Notes
<p>Pattern #1</p> <p>Forward Double Three Turns (outside & Inside)</p> <ul style="list-style-type: none"> ⊗ Skated too slowly ⊗ Sub curves between turns ⊗ Lack of control after back 3 turns ⊗ Poor placement of the turns ⊗ Toe-pushing ⊗ Weaker forward inside double 3's ⊗ Inability to maintain flow throughout 	<p>3-TURN</p>		
<p>Pattern #2</p> <p>Backward Double Three Turns (Outside & Inside)</p> <ul style="list-style-type: none"> ⊗ Turns skated too closely together ⊗ Lack of control between turns ⊗ Improper placement of turns ⊗ Inability to maintain flow throughout 	<p>3-TURN</p>		
<p>Pattern #3</p> <p>Rotational Choctaw Drill</p> <ul style="list-style-type: none"> ⊗ Toe pushing ⊗ Turning forward 3-turn early ⊗ Wrong forward edge of choctaw 	<p>CHOCTAW</p> <p style="text-align: right; font-size: small;">FIGURE SKATING GALLERY</p>		
<p>Pattern #4</p> <p>Forward Loop Pattern with Twizzle</p> <ul style="list-style-type: none"> ⊗ Inability to maintain flow and edge quality throughout ⊗ Inability to perform Loop on 1 foot ⊗ Inability to perform correct Loop shape ⊗ Inability to maintain flow throughout ⊗ Loss of upper body control ⊗ Incorrect edges on turns and steps ⊗ Twizzles becoming 3 turns ⊗ Inability to skate both directions of equal quality ⊗ Scratchy ⊗ Diagonal step down at axis ⊗ Change of edge not on continuous axis ⊗ Inability to execute ankle/knee/hip flexion 		<p>Loop: Tear dropped shaped turn formed within a circle, on the same edge throughout.</p> <p>Twizzle: A travelling turn on 1 foot with 1 or more rotations, which is quickly rotated with a continuous, uninterrupted, action. The weight remains on the skating foot with the free leg in any position during the turn, and then placed beside the skating foot to skate the next step.</p> <p>Series of 3 turns not acceptable</p>	