

BASIC NOVICE PATTERN SKILLS TEST

Candidate: _____

Venue: _____

Date: _____

Number of Judges Required: _____

Two (2), or One (1) National Senior Test or Championship Singles/Pair or Dance Judge

The following considerations in evaluating the patterns should be used:

Requirements	Pattern	GOE	Comments/Repeats
<p>Pattern #1</p> <p>Forward Double Three Turns (outside & Inside)</p> <p>___ Control of the arc between turns</p> <p>___ Minimal wobbles after the turns</p> <p>___ Turns placed at approximately 1/3 and 2/3 of the lobe</p> <p>___ Body control, including skating and free leg</p> <p>___ Correct edges</p>			
<p>Pattern #2</p> <p>Backward Double Three Turns (Outside & Inside)</p> <p>___ Control throughout/Correct edges</p> <p>___ Back 3-turn at top of lobe</p> <p>___ Forward 3-turn at 2/3 mark</p> <p>___ Controlled gliding edge between turns with nicely extended free leg</p> <p>___ Smooth 3 turns</p> <p>___ Body control and carriage</p>			
<p>Pattern #3</p> <p>Rotational Choctaw Drill</p> <p>___ Common axis used for pattern</p> <p>___ Approximately even lobes</p> <p>___ Controlled flowing edges</p> <p>___ Body control/carriage</p>			
<p>Pattern #4</p> <p>Forward Outside Loop Pattern with Inside Twizzle</p> <p>___ Controlled demonstration of Loop</p> <p>___ Demonstration of correct Twizzle</p> <p>___ Controlled, balanced transitions</p> <p>___ Maintain upper body control</p> <p>___ Demonstrate controlled extension on exit of twizzle</p> <p>___ Maintain flow into and out of Loops</p> <p>___ Demonstration of controlled knee action</p>			

Repeats: In the case of a fall in any one of the patterns, the entire pattern or half of the pattern where the fall occurred may be repeated at the Judges' discretion.

A maximum of one entire pattern or two half patterns (from any of the patterns skated) may be repeated once at the judges discretion in order for the skater to obtain the minimum overall GOE of Base Value (0) for the respective individual pattern.

Pass Mark: Each Technical Pattern is evaluated individually.

All patterns must receive a minimum overall GOE of Base Value (0) for the overall test to Pass. Patterns can contain -GOE sections and +GOE sections as long as the final GOE is at least Base Value (0).

Test Result

Pass

Fail

Judge's Name: (please print) _____

State: _____

Judge's Signature: _____

Probationary Judge Assessment:
(Please tick appropriate box)

Poor

Fair

Good

Very Good

Excellent

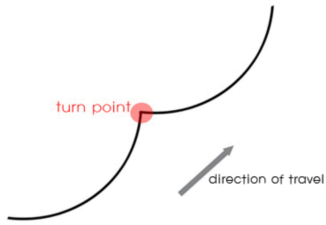
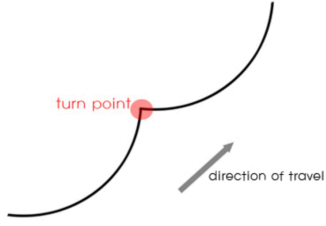
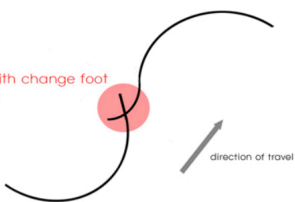
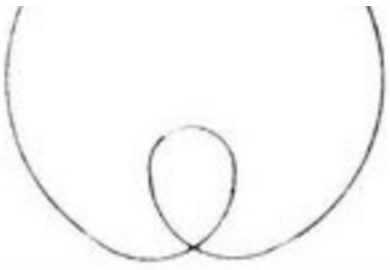
Test Referee's Signature: _____

BASIC NOVICE TECHNICAL PATTERN SKILLS TEST

GENERAL TEST STANDARD and COMMON ERRORS

General Novice A Test Standard: Demonstration of an acquired understanding of accuracy in pattern, a good sense of body rhythm, and an accomplished stroke execution and controlled lobes.

Posture/Carriage Expectations: Skater must be able to maintain erect posture while executing various free leg extensions and transitions, regardless of speed.

Common Errors	Turn Diagram	Turn Diagrams/Definitions	Notes
<p><u>Pattern #1</u> Forward Double Three Turns (outside & Inside) <i>X Skated too slowly</i> <i>X Sub curves between turns</i> <i>X Lack of control after back 3 turns</i> <i>X Poor placement of the turns</i> <i>X Toe-pushing</i> <i>X Weaker forward inside double 3's</i> <i>X Inability to maintain flow throughout</i></p>	<p>3-TURN</p> 		
<p><u>Pattern #2</u> Backward Double Three Turns (Outside & Inside) <i>X Turns skated too closely together</i> <i>X Lack of control between turns</i> <i>X Improper placement of turns</i> <i>X Inability to maintain flow throughout</i></p>	<p>3-TURN</p> 		
<p><u>Pattern #3</u> Rotational Choctaw Drill <i>X Toe pushing</i> <i>X Turning forward 3-turn early</i> <i>X Wrong forward edge of choctaw</i></p>	<p>CHOCTAW</p>  <p style="text-align: right; font-size: small;">FIGURE SKATING GALLERY</p>		
<p><u>Pattern #4</u> Forward Loop Pattern with Twizzle <i>X Inability to maintain flow and edge quality throughout</i> <i>X Inability to perform Loop on 1 foot</i> <i>X Inability to perform correct Loop shape</i> <i>X Inability to maintain flow throughout</i> <i>X Loss of upper body control</i> <i>X Incorrect edges on turns and steps</i> <i>X Twizzles becoming 3 turns</i> <i>X Inability to skate both directions of equal quality</i> <i>X Scratchy</i> <i>X Diagonal step down at axis</i> <i>X Change of edge not on continuous axis</i> <i>X Inability to execute ankle/knee/hip flexion</i></p>		<p><u>Loop:</u> Tear dropped shaped turn formed within a circle, on the same edge throughout.</p> <p><u>Twizzle:</u> A travelling turn on 1 foot with 1 or more rotations, which is quickly rotated with a continuous, uninterrupted, action. The weight remains on the skating foot with the free leg in any position during the turn, and then placed beside the skating foot to skate the next step.</p> <p>Series of 3 turns not acceptable</p>	