

**Note: For Adult Pair Skating Categories refer to ISU International Adult Figure Skating Competitions Technical Announcement 24/25 Season – 27 June 2024**

Pairs must perform a well balanced program that may contain the elements below.

<p><b>(Warmup 5 mins)</b> <b>ISA By-Law 502</b></p> <p><b>ADULT</b> 2 minutes and 20 seconds +/- 10 seconds Program Component Factor 2.0 Only features up to and including Level 1 will be counted. Each fall by either partner – 0.5 deduction</p>	<p><b>Lifts Max 1</b> A maximum of one (1) lift of Group 1 or Group 2 with a minimum ½ revolution for the man</p> <ul style="list-style-type: none"> <li>The man’s lifting hand(s) should be above his shoulder line.</li> <li>Variations of woman’s position, no handed, one-handed lifts, and combination lifts are not permitted.</li> <li>Lifts of Groups 3-4-5 are not permitted,</li> <li>Twist lifts are not permitted.</li> </ul>	<p><b>Throw Jump Max 1</b> Single throw jump</p> <ul style="list-style-type: none"> <li>Single Axel not permitted</li> <li>Double and Triple jumps not permitted</li> </ul>	<p><b>Solo Jump Max 1</b> Single Jump only</p> <ul style="list-style-type: none"> <li>Single Axel not permitted</li> <li>Double and Triple jumps not permitted</li> </ul>	<p><b>Jump Combo Max 1</b> Max 2 listed jumps</p> <ul style="list-style-type: none"> <li>Only single jumps permitted.</li> <li>Single Axel not permitted</li> <li>Double and Triple jumps not permitted</li> </ul>	<p><b>Pair Spin Max 1</b> No change of foot</p> <ul style="list-style-type: none"> <li>Change position not required but may be used for level feature</li> <li>Require min 2 revs in each position or position will not be counted.</li> </ul>	<p><b>Pivot Figure Spiral Max 1</b></p> <ul style="list-style-type: none"> <li>At least 1 revolution in pivot position by the man is required</li> </ul> <p>Position of woman is optional</p>	<p><b>Choreographic Sequence Max 1</b> Fully utilizes ice surface</p> <ul style="list-style-type: none"> <li>Must consist of at least two skating movements: spirals, arabesques, spread eagles, Ina Bauers, hydro-blading, transitional (unlisted) jumps. Steps and turns may be used to link two or more different movements together.</li> <li>Must be clearly visible</li> </ul> <p>Base value and evaluated by judges in GOE only.</p>
<p><b>(Warmup 6 mins)</b> <b>ISA By-Law 502</b></p> <p><b>INTERMEDIATE</b> 2 minutes and 40 seconds +/- 10 seconds Program Component Factor 2.67 Only features up to and including Level 2 will be counted Each fall by either partner – 1.0 deduction</p>	<p><b>Lifts Max 2</b> Maximum two (2) different lifts of Group 1 or Group 2 with a minimum ½ revolution for the man and 1 revolution for the woman.</p> <ul style="list-style-type: none"> <li>The man’s lifting hand(s) should be above his shoulder line.</li> <li>Variations of the woman’s position, no handed, one-handed lifts, and combination lifts are not permitted.</li> <li>Lifts of Groups 3-4-5 are not permitted.</li> <li>Twist lifts are not permitted.</li> <li>Both lifts may be from the same group if the take off counts and/or the hold is different.</li> </ul>	<p><b>Throw Jump Max 1</b> Single throw jump</p> <ul style="list-style-type: none"> <li>Single Axel permitted.</li> <li>Double and Triple jumps not permitted</li> </ul>	<p><b>Solo Jump Max 1</b> Single Jump only Single Axel permitted</p> <ul style="list-style-type: none"> <li>Double and Triple jumps not permitted</li> </ul>	<p><b>Jump Combo or Jump Sequence Max 1</b> Maximum of one (1) jump combination with a maximum of three (3) listed jumps <b>OR</b> One (1) jump sequence. A jump sequence consists of two (2) jumps of any number of revolutions, in which the second jump is an Axel type jump with a direct step from the landing curve of the first jump into the take off curve of the Axel jump. Only single jumps, including single Axel. Double and Triple jumps not permitted.</p>	<p><b>Pair Spin or Pair Combo Spin Max 1</b> Min 4 revs for pair spin Min 6 revs for pair combo spin</p> <ul style="list-style-type: none"> <li>Pair combo must have change of foot with at least 3 revs on each foot and at least one change of position by each partner.</li> <li>Combo spin can start with jump. Flying entry can be considered as a feature by either partner. If &lt;3 revs before/after change of foot by both partners, the combo spin will be marked V &lt;3 revs on both feet by both partners spin will be no value</li> <li>Pair spin is any spin with no change of foot. It does not require a change of position by one or both partners. Change of positions may be used for level feature.</li> <li>Must be a min of 2 revs in each position or the position will not be counted.</li> </ul>	<p><b>Death Spiral or Pivot Figure Spiral Max 1</b></p> <ul style="list-style-type: none"> <li>At least ¾ rev in pivot for man in death spiral</li> <li>At least 1 rev in pivot position by man for pivot figure</li> </ul> <p>Position of woman is optional</p>	<p><b>Step Sequence Max 1</b></p> <ul style="list-style-type: none"> <li>Fully utilizes ice surface</li> </ul>

<p><u>(Warmup 6 mins)</u> <u>ISA By-Law 502</u></p> <p><b>MASTERS / MASTERS ELITE</b></p> <p>3 minutes and 30 seconds +/- 10 seconds</p> <p>Program Component Factor 2.67</p> <p>Only features up to and including Level 4 will be counted.</p> <p>Each fall by either partner – 1.0 deduction</p>	<p><b>Lifts Max 3</b></p> <p>Three different lifts. One lift may be a twist</p> <ul style="list-style-type: none"> <li>In lifts of Group 1 and 2, man’s lifting hand(s) should be above his shoulder line</li> <li>In lifts of Groups 3 to 5, full extension of the lifting arm(s) is mandatory</li> <li><u>Two or more lifts may be from the same group if the takeoff and/or the hold is different each time.</u></li> </ul>	<p><b>Solo Jump Max 1</b></p> <p><b>Masters</b></p> <p>Single and Double jumps Permitted. Triples not permitted</p> <p><b>Masters Elite</b></p> <p>Single, Double and Triple jumps are permitted</p>	<p><b>Jump Combo or Jump Sequence Max 1</b></p> <ul style="list-style-type: none"> <li>Maximum of one (1) jump combination with a maximum of three (3) listed jumps <b>OR</b></li> </ul> <p>One (1) jump sequence.</p> <p>A jump sequence consists of two (2) jumps of any number of revolutions, in which the second jump is an Axel type jump with a direct step from the landing curve of the first jump into the take off curve of the Axel jump.</p>	<p><b>Throw Jump Max 2</b></p> <p>Single or double</p>	<p><b>Pair Spin or Pair Combo Spin Max 1</b></p> <p>Min 4 revs for pair spin Min 6 revs for pair combo spin</p> <ul style="list-style-type: none"> <li>Pair combo must have change of foot with at least 3 revs on each foot and at least one change of position by both partners</li> </ul> <p>Combo spin can start with jump</p> <p>Flying entry can be considered as a feature by either partner.</p> <p>If there are not 3 revs before or after change of foot by both partners, the spin will be marked with a “V”.</p> <p>If there are &lt;3 revs on both feet by either partner spin will have no value.</p> <ul style="list-style-type: none"> <li>Pair spin is any spin with no change of foot. It does not require a change of position by one or both partners. Change of positions may be used for level feature.</li> <li>Must be min of 2 revs in each position or position will not be counted.</li> </ul>	<p><b>Solo Spin Max 1</b></p> <ul style="list-style-type: none"> <li>Flying spin no change of foot after landing – min 5 revs</li> </ul> <p>One position and no change of foot – min 5 revs</p> <p>Combo with no change of foot – min 5 revs</p> <p>Combo with change of foot – min 8 revs (4+4)</p> <p>One position with change of foot - min 8 revs (4+4)</p> <ul style="list-style-type: none"> <li>Min of 2 revs in each position or position will not be counted</li> <li>Combo must include min of 2 different basic positions either 2 revs in each position anywhere in spin</li> </ul> <p>For spin combo to receive full value, combo must include all 3 basic positions.</p>	<p><b>Death Spiral or Pivot Figure Spiral Max 1</b></p> <ul style="list-style-type: none"> <li>At least ¾ rev in pivot for man in death spiral</li> <li>At least 1 rev in pivot position by man for pivot figure</li> </ul> <p>Position of the woman optional</p>	<p><b>Step Sequence Max 1</b></p> <p>Fully utilizing the ice surface</p>
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