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## SECTION 3

### SINGLE AND PAIR SKATING

Amended November 2024

Where no specific by-law exists in this section, the appropriate by-laws from other sections of these regulations take precedence, followed by the current ISU Special Regulations and Technical rules for Single, Pair Skating & Ice Dance and ISU Communications.

Refer to Section 6 for By-Laws governing Championships and Competitions and Section 8 for By- Laws governing international events.

#### A. GENERAL

##### By-Law 300

#### DISCIPLINES, CONTENT AND ORDER OF SINGLE AND PAIR SKATING

Refer to ISU Rule 300.1 and ISU Rule 335.C.

##### By-Law 301

#### DEFINITION

Single Skating consists of:

1. Short Program  
Refer to ISU Rule 611.
2. Free Skating  
Refer to ISU Rule 612.

##### By-Law 302

Pair Skating consists of:

1. Short Program  
Refer to ISU Rule 620.
2. Free Skating  
Refer to ISU Rule 621.

##### By-Law 303

#### GENERAL

1. Definition of the skate.  
Refer to ISU Rule 500.
2. Definition of Clothing.  
Refer to ISU Rule 501.

## 3. Duration of Skating.

Refer to ISU Rule 502.

## 4. a) Falls and Interruptions.

Refer to ISU Rule 503 and ISU Novice Communications for Single & Pair Skating Competitions.

## b) Deductions for Lower Levels.

- Applies to all single and pair categories except Junior, Senior and Masters Elite.
- Deductions for Interruption(s) in performing the program - For every Interruption of:
  - more than 10 seconds up to 20 seconds: - 0.5
  - more than 20 seconds up to 30 seconds: - 1.0
  - more than 30 seconds up to 40 seconds: - 1.5
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program.

## 5. Marking of Short Program and Free Skating.

Refer to ISU Rule 504.

## 6. Draws for Starting Orders.

Refer to ISU Rule 513.

## 7. Warm Up Periods.

Refer to ISU Rule 514 for ISU categories.

For ISA categories;

Singles – Preliminary and Elementary Pair Skating – Pre Novice	Follow ISU Communications for Novice Single & Pair Skating Competitions requirements for Basic Novice
Singles – Intermediate	Follow ISU Communications for Novice Single & Pair Skating Competitions requirements for Intermediate Novice

## 8. Allowance of Delayed Start or Restart.

Refer to ISU Rule 515.

## 9. IJS Determination and Publication of Results.

Refer to Rule 353.

**By-Laws 304 to 310 Reserved**

**B. SINGLE SKATING****By-Law 311**

<b>SINGLE SKATING - PRELIMINARY</b>	
<b>PRELIMINARY GIRLS AND BOYS</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	1 minute and 30 seconds +/- 10 seconds
<b>FREE SKATING REQUIREMENTS</b>	Well Balanced Program:
<b>Maximum of 4 jump elements</b>	<p>Any jump can be repeated only once and this repetition must be done either in a jump combination or jump sequence.</p> <p>There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <p>Jump combinations can contain only two (2) jumps.</p> <p>A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.</p>
<b>Maximum of 2 spins of a different nature (abbreviation)</b>	<p>One must be a spin combination with or without change of foot (minimum 4 revolutions in total), NO Flying entry.</p> <p>One must be a spin with no change of position and with or without change of foot (minimum 4 revolutions in total); may commence with a Fly.</p>
<b><u>Choreographic Sequence</u></b>	<u>There must be one (1) Choreographic Sequence consisting of at least two different skating movements.</u>
<b>ELIGIBILITY</b>	<p>At close of entries the skater must</p> <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Preliminary Singles Technical Test or its equivalent (ISA By-Law 607.5), but no higher.</li> <li>3. Passed at a minimum the Preliminary Pattern Skills Test.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTOR</b>	1.67
<b>DEDUCTION PER FALL</b>	0.5 outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	<p>Only features up to Level 1 will be counted</p> <p><u>Choreographic Sequence will have a fixed Base value and evaluated in GOE only</u></p>

**By-Law 312**

<b>SINGLE SKATING - ELEMENTARY</b>	
<b>ELEMENTARY GIRLS AND BOYS</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	2 minutes +/- 10 seconds
<b>FREE SKATING REQUIREMENTS</b>	Well Balanced Program:
<b>Maximum of 4 jump elements</b>	<p>Any jump can be repeated only once and this repetition must be done either in a jump combination or jump sequence.</p> <p>There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <p>Jump combinations can contain only two (2) jumps.</p> <p>A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.</p>
<b>Maximum of 2 spins of a different nature (abbreviation)</b>	<p>One must be a spin combination with or without change of foot (minimum 4 revolutions in total), NO Flying entry.</p> <p>One must be a spin with no change of position and with or without change of foot (minimum 4 revolutions in total), may commence with a Fly.</p>
<b>Step Sequence</b>	There must be one (1) step sequence with fully utilising the ice surface. Clusters will not count as a feature for a level.
<b>ELIGIBILITY</b>	<p>At close of entries the skater must</p> <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Elementary Singles Technical Test or equivalent (ISA By-law 607.5) but not higher;</li> <li>3. Have passed at a minimum the Elementary Pattern Skills Test;</li> <li>4. Have not competed in a Basic Novice or higher Singles Championship event held by Australia, an ISA Member or other.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTOR</b>	1.67
<b>DEDUCTION PER FALL</b>	0.5 outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted

**By-Law 313**

<b>SINGLE SKATING - BASIC NOVICE</b>	
<b>BASIC NOVICE GIRLS AND BOYS</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	2 minutes and 30 seconds +/- 10 seconds
<b>FREE SKATING REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Basic Novice Singles.
<b>ELIGIBILITY</b>	At close of entries the skater must: <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Basic Novice Singles Technical Test or equivalent (ISA By-Law 607.5) but not higher;</li> <li>3. Have passed at a minimum the Basic Novice Pattern Skills Test;</li> <li>4. Have not competed in an Advanced Novice or higher Singles Championship event held by Australia, an ISA Member or other.</li> <li>5. Have not reached the age of fourteen (14) by July 1 preceding the event.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	1.67
<b>DEDUCTION PER FALL</b>	0.5 outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted

**By-Law 314**

<b>SINGLE SKATING - INTERMEDIATE NOVICE</b>	
<b>INTERMEDIATE NOVICE GIRLS AND BOYS</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	3 minutes +/- 10 seconds
<b>FREE SKATING REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Intermediate Novice Singles.
<b>ELIGIBILITY</b>	<p>At close of entries the skater must:</p> <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Basic Novice Singles Technical Test or its equivalent (ISA By-Law 607.5), but not higher at the close of entries;</li> <li>3. Have passed at a minimum the Basic Novice Pattern Skills Test;</li> <li>4. Have not competed in an Advanced Novice or higher Singles Championship event held by Australia, an ISA Member or other.</li> <li>5. Have not reached the age of sixteen (16) before July 1 preceding the event.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	Girls: 1.7 Boys: 2.0
<b>DEDUCTION PER FALL</b>	0.5 outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted.

**By-Law 315**

<b>SINGLE SKATING - INTERMEDIATE</b>	
<b>INTERMEDIATE WOMEN AND MEN</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	3 minutes +/- 10 seconds
<b>FREE SKATING REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Intermediate Novice Singles.
<b>ELIGIBILITY</b>	<p>At close of entries the skater must:</p> <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Basic Novice Singles Technical Test or its equivalent (ISA By-Law 607.5);</li> <li>3. Have passed at minimum the Basic Novice Pattern Skills Test;</li> <li>4. Have not competed in an Advanced Novice or higher Singles Championship event held by Australia, an ISA Member or other.</li> <li>5. Have reached the age of sixteen (16) before July 1 preceding the event.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	Women: 1.7 Men: 2.0
<b>DEDUCTION PER FALL</b>	0.5 outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted.

**By-Law 316**

<b>SINGLE SKATING - ADVANCED NOVICE</b>			
<b>ADVANCED NOVICE GIRLS AND BOYS</b>	Shall be in two parts: 1. Short Program 2. Free Skating		
<b>DURATION OF SHORT PROGRAM</b>	Girls and Boys 2 minutes and 20 seconds +/- 10 seconds		
<b>DURATION OF FREE SKATING</b>	Girls and Boys 3 minutes +/- 10 seconds		
<b>FREE SKATING REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Advanced Novice Singles.		
<b>ELIGIBILITY</b>	At close of entries the skater must: 1. Be a current financial member of an ISA Member. 2. Have passed the Advanced Novice Singles Technical Test or its equivalent (ISA By-Law 607.5); 3. Have passed at a minimum the Advanced Novice Pattern skills test; 4. Have not won a previous Advanced Novice Singles Championship of Australia, except skaters who have not reached the age of sixteen (16) before July 1 preceding the event may defend their titles.		
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills		
<b>PROGRAM COMPONENTS FACTORS</b>		Girls	Boys
	Short Program	1.07	1.20
	Free Skate	2.13	2.40
<b>DEDUCTION PER FALL</b>	0.5 outside element		
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 3 will be counted.		



**By-Law 317**

<b>SINGLE SKATING - JUNIOR</b>			
<b>JUNIOR WOMEN AND MEN</b>	Shall be in two parts: 1. Short Program 2. Free Skating		
<b>DURATION OF SHORT PROGRAM</b>	Women and Men 2 minutes and 40 seconds +/- 10 seconds		
<b>SHORT PROGRAM REQUIREMENTS</b>	Refer to ISU Rule 611		
<b>DURATION OF FREE SKATING</b>	Women: 3 minutes and 30 seconds +/- 10 seconds Men: 3 minutes and 30 seconds +/- 10 seconds		
<b>FREE SKATING REQUIREMENTS</b>	Refer to ISU Rule 612		
<b>ELIGIBILITY</b>	At close of entries the skater must: 1. Be a current financial member of an ISA Member. 2. Have passed the Junior Singles Technical Test or its equivalent (ISA By-Law 607.5), 3. Have passed at a minimum the Junior Pattern Skills Test; 4. Have not reached the age of nineteen (19) before July 1 preceding the event.		
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills		
<b>PROGRAM COMPONENTS FACTORS</b>		Women	Men
	Short Program	1.33	1.67
	Free Skate	2.67	3.33
<b>DEDUCTION PER FALL</b>	1.0		
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.		

**By-Law 318**

<b>SINGLE SKATING - SENIOR</b>			
<b>SENIOR WOMEN AND MEN</b>	Shall be in two parts: 1. Short Program 2. Free Skating		
<b>DURATION OF SHORT PROGRAM</b>	Women and Men 2 minutes and 40 seconds +/- 10 seconds		
<b>SHORT PROGRAM REQUIREMENTS</b>	Refer to ISU Rule 611		
<b>DURATION OF FREE SKATING</b>	Women: 4 minutes +/- 10 seconds Men: 4 minutes +/- 10 seconds		
<b>FREE SKATING REQUIREMENTS</b>	Refer to ISU Rule 612		
<b>ELIGIBILITY</b>	At close of entries the skater must: 1. Be a current financial member of an ISA Member. 2. Have passed the Senior Singles Technical Test or its equivalent (ISA By-Law 607.5); 3. Have passed the Senior Pattern Skills Test		
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills		
<b>PROGRAM COMPONENTS FACTORS</b>		Women	Men
	Short Program	1.33	1.67
	Free Skate	2.67	3.33
<b>DEDUCTION PER FALL</b>	1 <sup>st</sup> and 2 <sup>nd</sup> fall = 1.0 3 <sup>rd</sup> and 4 <sup>th</sup> fall = 2.0 5 <sup>th</sup> and subsequent falls = 3.0		
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.		

**C. PAIR SKATING****By-Law 319**

<b>PAIR SKATING - PRE NOVICE</b>	
<b>PRE NOVICE PAIR</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	2 minutes +/- 10 seconds
<b>FREE SKATING REQUIREMENTS</b>	Well Balanced Program:
<b>One Lift selected from Group 1 or Group 2</b>	One arm holds not allowed (full extension of the lifting arm of the partner is not required) Min 1 rev by man
<b>One (1) Throw Jump (Single)</b>	
<b>One (1) Solo Jump (Single)</b>	
<b>One (1) Solo Spin Or One (1) Pair Spin</b>	No change of foot, change of position optional; minimum 3 revolutions, may not commence with a jump
<b>One (1) Pivot Figure</b>	Figure (if a death spiral is executed it is marked according to ISU rules. In other cases, there are no Levels). Regular hand to hand hold required. Both partners must execute min ½ rev with man in pivot position. The element has a fixed base value and will be evaluated by the judges in GOE only.
<b><u>One (1) Choreographic Sequence</u></b>	<u>There must be one (1) Choreographic Sequence consisting of at least two different skating movements.</u>
<b>ELIGIBILITY</b>	At close of entries both skaters must: <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Preliminary Singles Technical Test or its equivalent (ISA By-Law 607.5);</li> <li>3. Have passed at a minimum the Preliminary Pattern Skills Test;</li> <li>4. Only one partner may have competed in a Basic Novice or higher Pair Skating Championship event held by Australia, an ISA Member or other.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	1.33
<b>DEDUCTION PER FALL</b>	0.5 for one skater outside element 1.0 for both skaters outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted. <u>Choreographic Sequence will have a fixed Base value and evaluated in GOE only</u>

**By-Law 320**

<b>PAIR SKATING - BASIC NOVICE</b>	
<b>BASIC NOVICE PAIR</b>	A Free Skating program only
<b>DURATION OF FREE SKATING</b>	3 minutes +/- 10 seconds
<b>ELIGIBILITY</b>	<p>At close of entries both skaters must:</p> <ol style="list-style-type: none"> <li>1. Be a current financial member of an ISA Member.</li> <li>2. Have passed the Basic Novice Pair Technical Test or its equivalent (ISA By-Law 607.5);</li> <li>3. Have not won a previous Basic Novice Pair Skating Championship of Australia, except where the partners have not reached the age of sixteen (16) for Girls and eighteen (18) for Boys before July 1 preceding the event, the title may be defended; OR;</li> <li>4. Only one partner has won a previous Basic Novice Pair Skating Championship of Australia, AND;</li> <li>5. Only one partner has competed in an Advanced Novice Pair Skating Championship event held by Australia, an ISA Member or other.</li> </ol>
<b>FREE SKATING REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Pair Skating – Basic Novice.
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	1.33
<b>DEDUCTION PER FALL</b>	0.5 for one skater outside element 1.0 for both skaters outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted.

**By-Law 321**

<b>PAIR SKATING - ADVANCED NOVICE</b>	
<b>ADVANCED NOVICE PAIR</b>	Shall be in two parts 1. Short Program 2. Free Skating
<b>DURATION OF SHORT PROGRAM</b>	2 minutes and 20 seconds +/- 10 seconds
<b>DURATION OF FREE SKATING</b>	3 minutes +/- 10 seconds
<b>SHORT PROGRAM AND FREE SKATING REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Pair Skating – Advanced Novice.
<b>ELIGIBILITY</b>	At close of entries both skaters must be: <ol style="list-style-type: none"> <li>1. A current financial member of an ISA Member.</li> <li>2. Passed the Advanced Novice Pair Technical Test or its equivalent (ISA By-Law 607.5), but not higher at close of entries;</li> <li>3. Have not won a previous Advanced Novice Pair Skating Championship of Australia, except where the partners have not reached the age of sixteen (16) for girls and eighteen (18) for boys before July 1 preceding the event, the title may be defended; or</li> <li>4. Only one partner has won a previous Advanced Novice Pair Skating Championship of Australia, and:</li> <li>5. Only one partner has competed in a Junior Pair Skating Championship event held by Australia, an ISA Member or other.</li> </ol>
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	Short Program: 1.07 Free Skate: 2.13
<b>DEDUCTION PER FALL</b>	0.5 for one skater outside element 1.0 for both skaters outside element
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 3 will be counted.

**By-Law 322**

<b>PAIR SKATING – JUNIOR</b>	
<b>JUNIOR PAIR</b>	Shall be in two parts: 1. Short Program 2. Free Skating
<b>DURATION OF SHORT PROGRAM</b>	2 minutes and 40 seconds +/- 10 seconds
<b>DURATION OF FREE SKATING</b>	3 minutes and 30 seconds +/- 10 seconds
<b>SHORT PROGRAM REQUIREMENTS</b>	Refer to ISU Rule 620
<b>FREE SKATING REQUIREMENTS</b>	Refer to ISU Rule 621
<b>ELIGIBILITY</b>	At close of entries both skaters must:  1. Be a current financial member of an ISA Member;  2. Have passed the Junior Pair Technical Test or its equivalent (ISA By-Law 607.5);  3. Have not reached the age of twenty-one (21) for Women and the age of twenty-three (23) for Men before July 1 preceding the event. A maximum age gap of seven (7) years is allowed between the two partners; OR where:  4. Only one partner has won a previous Junior Pair Skating Championship of Australia; or  5. Only one partner has competed in a Senior Pair Skating Championship event held by Australia, an ISA Member or other.
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	Short Program: 1.33 Free Skate: 2.67
<b>DEDUCTION PER FALL</b>	1.0 for one skater 2.0 for both skaters
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.

**By-Law 323**

<b>PAIR SKATING - SENIOR</b>	
<b>SENIOR PAIR</b>	Shall be in two parts 1. Short Program 2. Free Skating
<b>DURATION OF SHORT PROGRAM</b>	2 minutes and 40 seconds +/- 10 seconds
<b>DURATION OF FREE SKATING</b>	4 minutes +/- 10 seconds
<b>SHORT PROGRAM REQUIREMENTS</b>	Refer to ISU Rule 620
<b>FREE SKATING REQUIREMENTS</b>	Refer to ISU Rule 621
<b>ELIGIBILITY</b>	At close of entries both skaters must: 1. Be a current financial member of an ISA Member. 2. Have passed the Senior Pair Technical Test or its equivalent (ISA By-Law 607.5).
<b>PROGRAM COMPONENTS MARKED</b>	Composition Presentation Skating Skills
<b>PROGRAM COMPONENTS FACTORS</b>	Short Program: 1.33 Free Skate: 2.67
<b>DEDUCTION PER FALL</b>	1.0 for one skater 2.0 for both skaters
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.