

SECTION 3

SINGLE AND PAIR SKATING

Amended October 2023

Where no specific by-law exists in this section, the appropriate by-laws from other sections of these regulations apply.

Refer to Section 6 for By-Laws governing Championships and Competitions and Section 8 for By-Laws governing international events.

A. GENERAL

By-Law 300

DISCIPLINES, CONTENT AND ORDER OF SINGLE AND PAIR SKATING

Refer to ISU Rule 300.1 and ISU Rule 335.C.

By-Law 301

DEFINITION

Single Skating consists of:

1. Short Program
Refer to ISU Rule 611.
2. Free Skating
Refer to ISU Rule 612.

By-Law 302

Pair Skating consists of:

1. Short Program
Refer to ISU Rule 620.
2. Free Skating
Refer to ISU Rule 621.

By-Law 303**GENERAL**

1. Definition of the skate.
Refer to ISU Rule 500.
2. Definition of Clothing.
Refer to ISU Rule 501.
3. Duration of Skating.
Refer to ISU Rule 502.
4. a) Falls and Interruptions.
Refer to ISU Rule 503.

b) Deductions for Lower Levels.
 - Applies to all single and pair categories except Junior, Senior and Elite Masters.
 - Deductions for Interruption(s) in performing the program - For every Interruption of:
 - more than 10 seconds up to 20 seconds: - 0.5
 - more than 20 seconds up to 30 seconds: - 1.0
 - more than 30 seconds up to 40 seconds: - 1.5
 - Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program.
5. Marking of Short Program and Free Skating.
Refer to ISU Rule 504.
6. Draws for Starting Orders.
Refer to ISU Rule 513.
7. Warm Up Periods.
Refer to ISU Rule 514.
8. Allowance of Delayed Start or Restart.
Refer to ISU Rule 515.
9. IJS Determination and Publication of Results.
Refer to Rule 353.

B. SINGLE SKATING**By-Law 311**

SINGLE SKATING - PRELIMINARY	
PRELIMINARY GIRLS AND BOYS	A Free Skating program only
DURATION OF FREE SKATING	1 minute and 30 seconds +/- 10 seconds
FREE SKATING REQUIREMENTS	Well Balanced Program:
Maximum of 4 jump elements	<p>Any jump can be repeated only once and this repetition must be done either in a jump combination or jump sequence.</p> <p>There may be up to two (2) jump combinations or <u>one (1) jump combination and one (1) jump sequence.</u></p> <p>Jump combinations can contain only two (2) jumps.</p> <p>A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.</p>
Maximum of 2 spins of a different nature (abbreviation)	<p>One must be a spin combination with or without change of foot (minimum 4 revolutions in total), NO Flying entry.</p> <p>One must be a spin with no change of position and with or without change of foot (minimum 4 revolutions in total); may commence with a Fly.</p>
Step Sequence	There must be one (1) step sequence covering at least ½ the ice surface.
ELIGIBILITY	<p>At close of entries the skater must</p> <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the ISA Preliminary Technical Test or its equivalent (ISA By-Law 607.5), but no higher. 3. Passed at a minimum the Preliminary Pattern Skills Test.
PROGRAM COMPONENTS MARKED	<p>Composition</p> <p>Presentation</p> <p>Skating Skills</p>
PROGRAM COMPONENTS FACTOR	1.67
DEDUCTION PER FALL	0.5
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 1 will be counted

By-Law 312

SINGLE SKATING - ELEMENTARY	
ELEMENTARY GIRLS AND BOYS	A Free Skating program only
DURATION OF FREE SKATING	2 minutes +/- 10 seconds
FREE SKATING REQUIREMENTS	Well Balanced Program:
Maximum of 4 jump elements	<p>Any jump can be repeated only once and this repetition must be done either in a jump combination or jump sequence.</p> <p>There may be up to two (2) jump combinations or <u>one (1) jump combination and one (1) jump sequence.</u></p> <p>Jump combinations can contain only two (2) jumps.</p> <p>A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.</p>
Maximum of 2 spins of a different nature (abbreviation)	<p>One must be a spin combination with or without change of foot (minimum 4 revolutions in total), NO Flying entry.</p> <p>One must be a spin with no change of position and with or without change of foot (minimum 4 revolutions in total), may commence with a Fly.</p>
Step Sequence	There must be one (1) step sequence with fully utilising the ice surface. Clusters will not count as a feature for a level.
ELIGIBILITY	<p>At close of entries the skater must</p> <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the Elementary Technical Singles Test or equivalent (ISA By-law 607.5) but not higher; 3. Have passed at a minimum the Elementary Pattern Skills Test; 4. Have not competed in a Basic Novice or higher Singles Championship event held by Australia, an <u>ISA Member</u> or other.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTOR	1.67
DEDUCTION PER FALL	0.5
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 2 will be counted

By-Law 313

SINGLE SKATING - BASIC NOVICE	
BASIC NOVICE GIRLS AND BOYS	A Free Skating program only
DURATION OF FREE SKATING	2 minutes and 30 seconds +/- 10 seconds
FREE SKATING REQUIREMENTS	As defined in ISU Communications for Novice competitions, Basic Novice Singles.
ELIGIBILITY	At close of entries the skater must: <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the Basic Novice Singles Technical Test or equivalent (ISA By-Law 607.5) but not higher; 3. Have passed at a minimum the Basic Novice Pattern Skills Test; 4. Have not competed in an Advanced Novice or higher Singles Championship event held by Australia, an <u>ISA Member</u> or other. 5. Must not have reached the age of 13 years by July 1 preceding the event.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	1.67
DEDUCTION PER FALL	0.5
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 2 will be counted

By-Law 314

SINGLE SKATING - INTERMEDIATE NOVICE	
INTERMEDIATE NOVICE GIRLS AND BOYS	A Free Skating program only
DURATION OF FREE SKATING	3 minutes +/- 10 seconds
FREE SKATING REQUIREMENTS	As defined in ISU Communications for Novice competitions, Intermediate Novice Singles.
ELIGIBILITY	<p>At close of entries the skater must:</p> <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the Basic Novice Singles Technical Test or its equivalent (ISA By-Law 607.5), but not higher at the close of entries; 3. Have passed at a minimum the Basic Novice Pattern Skills Test; 4. Have not competed in an Advanced Novice or higher Singles Championship event held by Australia, an <u>ISA Member</u> or other. 5. Have not reached the age of fifteen (15) before July 1 preceding the event.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	Girls: 1.7 Boys: 2.0
DEDUCTION PER FALL	0.5
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 2 will be counted.

By-Law 315

SINGLE SKATING - INTERMEDIATE	
INTERMEDIATE WOMEN AND MEN	A Free Skating program only
DURATION OF FREE SKATING	3 minutes +/- 10 seconds
FREE SKATING REQUIREMENTS	As defined in ISU Communications for Novice competitions, Intermediate Novice Singles.
ELIGIBILITY	<p>At close of entries the skater must:</p> <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the Basic Novice Singles Technical Test or its equivalent (ISA By-Law 607.5); 3. Have passed at minimum the Basic Novice Pattern Skills Test; 4. Have not competed in an Advanced Novice or higher Singles Championship event held by Australia, an <u>ISA Member</u> or other. 5. Have reached the age of fifteen (15) before July 1 preceding the event.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	Women: 1.7 Men: 2.0
DEDUCTION PER FALL	0.5
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 2 will be counted.

By-Law 316

SINGLE SKATING - ADVANCED NOVICE			
ADVANCED NOVICE GIRLS AND BOYS	Shall be in two parts: 1. Short Program 2. Free Skating		
DURATION OF SHORT PROGRAM	Girls and Boys 2 minutes and 20 seconds +/- 10 seconds		
DURATION OF FREE SKATING	Girls and Boys 3 minutes +/- 10 seconds		
FREE SKATING REQUIREMENTS	As defined in ISU Communications for Novice competitions, Advanced Novice Singles.		
ELIGIBILITY	At close of entries the skater must: 1. Be a current financial member of an <u>ISA Member</u> . 2. Have passed the Advanced Novice Singles Technical Test or its equivalent (ISA By-Law 607.5); 3. Have passed at a minimum the Advanced Novice Pattern skills test; 4. Have not won a previous Advanced Novice Singles Championship of Australia, except skaters who have not reached the age of 15 before July 1 preceding the event may defend their titles.		
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills		
PROGRAM COMPONENTS FACTORS		Girls	Boys
	Short Program	1.07	1.20
	Free Skate	2.13	2.40
DEDUCTION PER FALL	0.5		
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 3 will be counted.		

By-Law 317

SINGLE SKATING - JUNIOR			
JUNIOR WOMEN AND MEN	Shall be in two parts: 1. Short Program 2. Free Skating		
DURATION OF SHORT PROGRAM	Women and Men 2 minutes and 40 seconds +/- 10 seconds		
SHORT PROGRAM REQUIREMENTS	Refer to ISU Rule 611		
DURATION OF FREE SKATING	Women: 3 minutes and 30 seconds +/- 10 seconds Men: 3 minutes and 30 seconds +/- 10 seconds		
FREE SKATING REQUIREMENTS	Refer to ISU Rule 612		
ELIGIBILITY	At close of entries the skater must: 1. Be a current financial member of an <u>ISA Member</u> . 2. Have passed the Junior Singles Technical Test or its equivalent (ISA By-Law 607.5), 3. Have passed at a minimum the Junior Pattern Skills Test; 4. <u>Have not reached the age of nineteen (19) before July 1 preceding the event.</u>		
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills		
PROGRAM COMPONENTS FACTORS		Women	Men
	Short Program	<u>1.33</u>	<u>1.67</u>
	Free Skate	<u>2.67</u>	<u>3.33</u>
DEDUCTION PER FALL	1.0		
MAXIMUM LEVEL OF DIFFICULTY	Features up to Level 4 will be counted.		

By-Law 318

SINGLE SKATING - SENIOR			
SENIOR WOMEN AND MEN	Shall be in two parts: 1. Short Program 2. Free Skating		
DURATION OF SHORT PROGRAM	Women and Men 2 minutes and 40 seconds +/- 10 seconds		
SHORT PROGRAM REQUIREMENTS	Refer to ISU Rule 611		
DURATION OF FREE SKATING	Women: 4 minutes +/- 10 seconds Men: 4 minutes +/- 10 seconds		
FREE SKATING REQUIREMENTS	Refer to ISU Rule 612		
ELIGIBILITY	At close of entries the skater must: 1. Be a current financial member of an <u>ISA Member</u> . 2. Have passed the Senior Singles Technical Test or its equivalent (ISA By-Law 607.5); 3. Have passed the Senior Pattern Skills Test		
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills		
PROGRAM COMPONENTS FACTORS		Women	Men
	Short Program	<u>1.33</u>	<u>1.67</u>
	Free Skate	<u>2.67</u>	<u>3.33</u>
DEDUCTION PER FALL	1 st and 2 nd fall = 1.0 3 rd and 4 th fall = 2.0 5 th and subsequent falls = 3.0		
MAXIMUM LEVEL OF DIFFICULTY	Features up to Level 4 will be counted.		

C. PAIR SKATING**By-Law 319**

PAIR SKATING - PRE NOVICE	
PRE NOVICE PAIR	A Free Skating program only
DURATION OF FREE SKATING	2 minutes +/- 10 seconds
FREE SKATING REQUIREMENTS	Well Balanced Program:
One Lift selected from Group 1 or Group 2	One arm holds not allowed (full extension of the lifting arm of the partner is not required) <u>Min 1 rev by man</u>
One Throw Jump (Single)	
One Solo Jump (Single)	
One Solo Spin Or One Pair Spin	No change of foot, change of position optional; minimum 3 revolutions, <u>may not commence with a jump</u>
One Pivot Figure	Figure (if a death spiral is executed it is marked according to ISU rules. In other cases, there are no Levels). <u>Regular hand to hand hold required. Both partners must execute min ½ rev with man in pivot position. The element has a fixed base value and will be evaluated by the judges in GOE only.</u>
One step sequence	Fully utilizing the ice surface.
ELIGIBILITY	At close of entries both skaters must: <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the ISA Preliminary Singles Technical Test or its equivalent (ISA By-Law 607.5); 3. Have passed at a minimum the Preliminary Pattern Skills Test; 4. Only one partner may have competed in a Basic Novice or higher Pair Championship event held by Australia, an <u>ISA Member</u> or other.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	<u>1.33</u>
DEDUCTION PER FALL	0.5 for one skater 1.0 for both skaters
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 2 will be counted.

By-Law 320

PAIR SKATING - BASIC NOVICE	
BASIC NOVICE PAIR	A Free Skating program only
DURATION OF FREE SKATING	3 minutes +/- 10 seconds
ELIGIBILITY	<p>At close of entries both skaters must:</p> <ol style="list-style-type: none"> 1. Be a current financial member of an <u>ISA Member</u>. 2. Have passed the Basic Novice Pair Technical Test or its equivalent (ISA By-Law 607.5); 3. Have not won a previous Basic Novice Pair Championship of Australia, except where the partners have not reached the age of 15 for Girls and 17 for Boys before July 1 preceding the event, the title may be defended; OR; 4. Only one partner has won a previous Basic Novice Pair Championship of Australia, AND; 5. Only one partner has competed in an Advanced Novice Pair Championship event held by Australia, an <u>ISA Member</u> or other.
FREE SKATING REQUIREMENTS	As defined in ISU Communications for Novice competitions, Basic Novice Pair.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	1.33
DEDUCTION PER FALL	0.5 for one skater 1.0 for both skaters
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 2 will be counted.

By-Law 321

PAIR SKATING - ADVANCED NOVICE	
ADVANCED NOVICE PAIR	Shall be in two parts 1. Short Program 2. Free Skating
DURATION OF SHORT PROGRAM	2 minutes and 20 seconds +/- 10 seconds
DURATION OF FREE SKATING	3 minutes +/- 10 seconds
SHORT PROGRAM AND FREE SKATING REQUIREMENTS	As defined in ISU Communications for Novice competitions, Advanced Novice Pair.
ELIGIBILITY	At close of entries both skaters must be: <ol style="list-style-type: none"> 1. A current financial member of an <u>ISA Member</u>. 2. Passed the Advanced Novice Pair Technical Test or its equivalent (ISA By-Law 607.5), but not higher at close of entries; 3. Have not won a previous Advanced Novice Pair Championship of Australia, except where the partners have not reached the age of 15 for girls and 17 for boys before July 1 preceding the event, the title may be defended; or 4. Only one partner has won a previous Advanced Novice Pair Championship of Australia, and: 5. Only one partner has competed in a Junior Pair Championship event held by Australia, an <u>ISA Member</u> or other.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	Short Program: 1.07 Free Skate: 2.13
DEDUCTION PER FALL	0.5 for one skater 1.0 for both skaters
MAXIMUM LEVEL OF DIFFICULTY	Only features up to Level 3 will be counted.

By-Law 322

PAIR SKATING – JUNIOR	
JUNIOR PAIR	Shall be in two parts: 1. Short Program 2. Free Skating
DURATION OF SHORT PROGRAM	2 minutes and 40 seconds +/- 10 seconds
DURATION OF FREE SKATING	3 minutes and 30 seconds +/- 10 seconds
SHORT PROGRAM REQUIREMENTS	Refer to ISU Rule 620
FREE SKATING REQUIREMENTS	Refer to ISU Rule 621
ELIGIBILITY	At close of entries both skaters must: 1. Be a current financial member of an <u>ISA Member</u> ; 2. Have passed the Junior Pair Technical Test or its equivalent (ISA By-Law 607.5); 3. Have NOT exceeded the ISU Junior age of 19 for Women and 21 for Men in Pair Skating competition before July 1 preceding the event; OR where: 4. Only one partner has won a previous Junior Pair Championship of Australia; or 5. Only one partner has competed in a Senior Pair Championship event held by Australia, an <u>ISA Member</u> or other.
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	Short Program: <u>1.33</u> Free Skate: <u>2.67</u>
DEDUCTION PER FALL	1.0 for one skater 2.0 for both skaters
MAXIMUM LEVEL OF DIFFICULTY	Features up to Level 4 will be counted.

By-Law 323

PAIR SKATING - SENIOR	
SENIOR PAIR	Shall be in two parts 1. Short Program 2. Free Skating
DURATION OF SHORT PROGRAM	2 minutes and 40 seconds +/- 10 seconds
DURATION OF FREE SKATING	4 minutes +/- 10 seconds
SHORT PROGRAM REQUIREMENTS	Refer to ISU Rule 620
FREE SKATING REQUIREMENTS	Refer to ISU Rule 621
ELIGIBILITY	At close of entries both skaters must: 1. Be a current financial member of an <u>ISA Member</u> . 2. Have passed the Senior Pair Technical Test or its equivalent (ISA By-Law 607.5).
PROGRAM COMPONENTS MARKED	Composition Presentation Skating Skills
PROGRAM COMPONENTS FACTORS	Short Program: <u>1.33</u> Free Skate: <u>2.67</u>
DEDUCTION PER FALL	1.0 for one skater 2.0 for both skaters
MAXIMUM LEVEL OF DIFFICULTY	Features up to Level 4 will be counted.